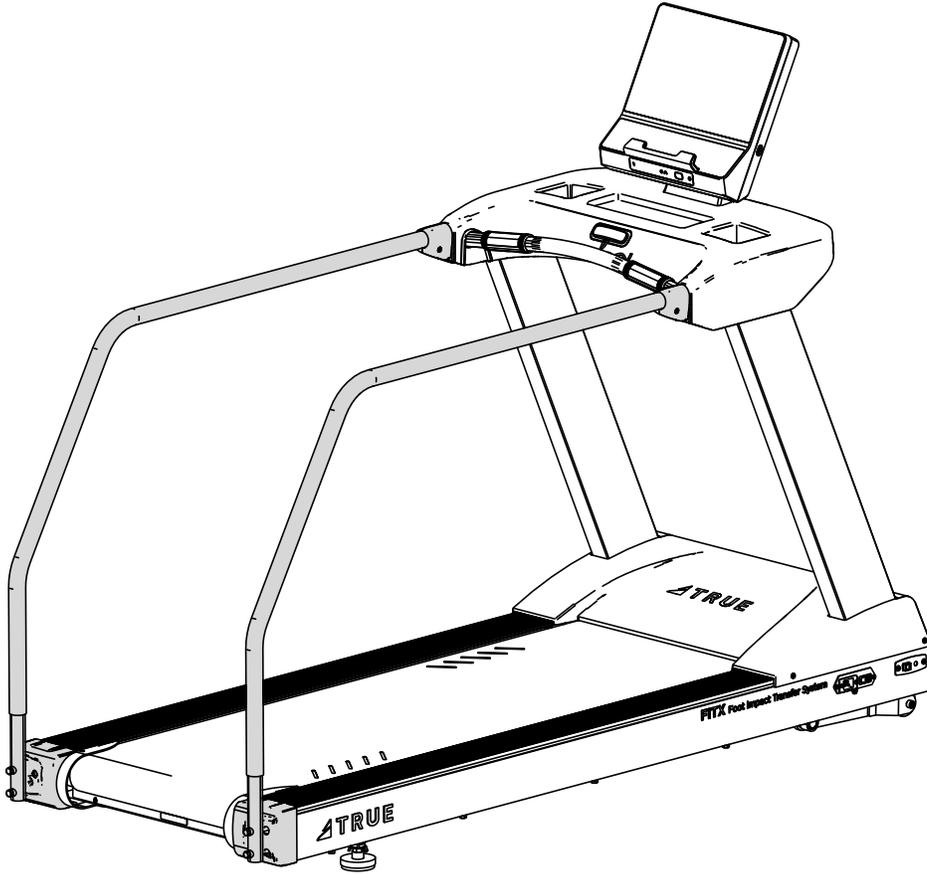




GRAVITY TREADMILL EXTENDED HANDRAIL KIT ASSEMBLY INSTRUCTIONS



**SCAN FOR
OWNER'S MANUAL**



**SCAN FOR
ASSEMBLY VIDEO**

IMPORTANT—READ CAREFULLY

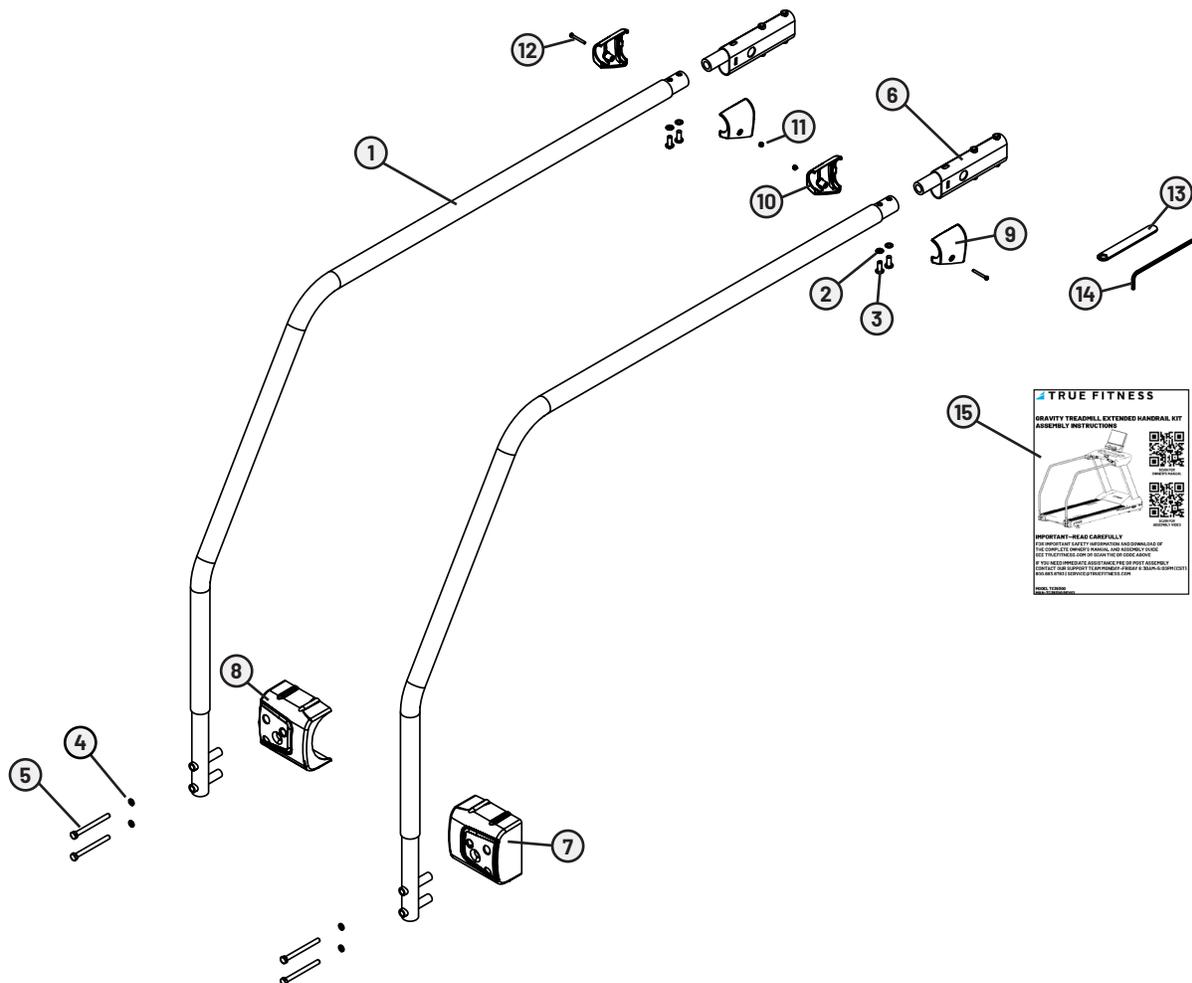
**FOR IMPORTANT SAFETY INFORMATION AND DOWNLOAD OF
THE COMPLETE OWNER'S MANUAL AND ASSEMBLY GUIDE
SEE TRUEFITNESS.COM OR SCAN THE QR CODE ABOVE**

**IF YOU NEED IMMEDIATE ASSISTANCE PRE OR POST ASSEMBLY
CONTACT OUR SUPPORT TEAM MONDAY-FRIDAY 8:30AM-5:00PM (CST)
800.883.8783 | SERVICE@TRUEFITNESS.COM**

**MODEL TC39300
MAN-TC39300 REV01**

KIT CONTENTS

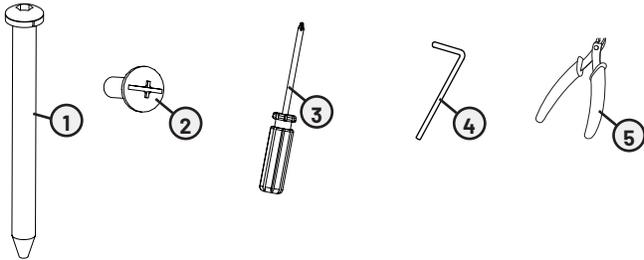
ITEM	PART NUMBER	DESCRIPTION	QTY
1	00601101BK	SUBASSEMBLY, LONG HANDGRIP	2
2	RT0011	WASHER, STAR, INTERNAL TOOTH, M8	4
3	PS0712	ALLEN BOLT SCREW, M8-1.25 X 20MM	4
4	PS0099	WASHER, SPRING M8	4
5	RT0012	HHS, M8-1.25 X 90MM, BLK, ZP	4
6	TC39301	HANDRAIL BASE	2
7	TC39322	REAR END CAP-RIGHT	1
8	TC39321	REAR END CAP-LEFT	1
9	TC39319	RAIL COVER-RIGHT	2
10	TC39320	RAIL COVER-LEFT	2
11	RT0017	NUT, LOCK, NYLON, M4 X P0.7	2
12	RT0013	ROUND HEAD PHILIPS SCREW, M4-0.7 X 35MM	2
13	SK-426	WRENCH, 13MM	1
14	SSA5-35-160MS	HEX WRENCH 5MM X 35MM X 160MM	1
15	MAN-TC39300	EXTENDED HANDRAIL KIT INSTRUCTIONS	1



ADDITIONAL ITEMS NEEDED—NOT INCLUDED WITH KIT

ITEM	PART NUMBER	DESCRIPTION	QTY
1	TPS8123	SCREW, M8 X 90MM	4
2	PS0035	SCREW M5xP0.8x15MM	2
3	N/A	#2 PHILLIPS SCREWDRIVER	1
4	N/A	6MM ALLEN WRENCH	1
5	N/A	WIRE CUTTERS	1

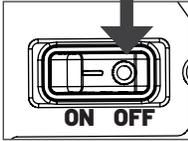
NOTE: The additional hardware needed is included with the Gravity treadmill.



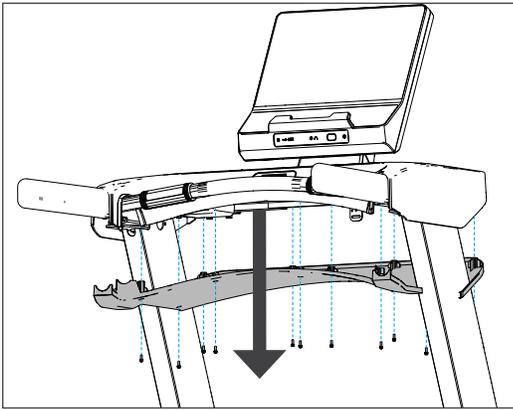
STEPS

1. If this kit is part of a new installation, skip ahead to step 2. If this kit is going on a preassembled treadmill continue on with this step:

a. Turn off power to the machine.



b. Using a #2 Phillips screwdriver, remove and set aside the 11 screws securing the bottom cover to the console rack. Remove and set aside the bottom cover.

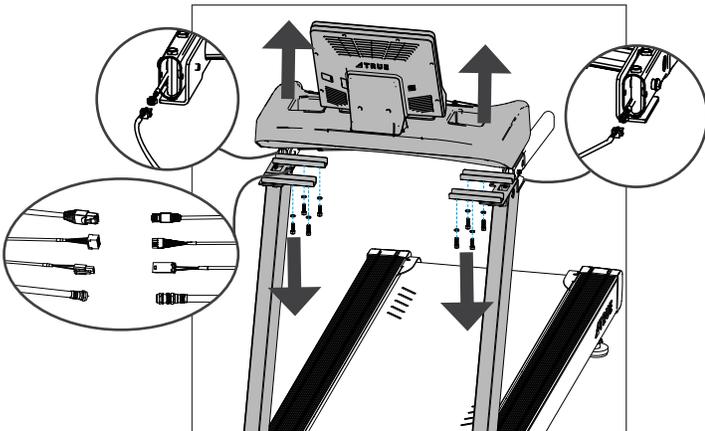


c. Using a 6mm allen wrench, remove and set aside the eight hex screws and washers securing the upper assembly to the pedestal assemblies.

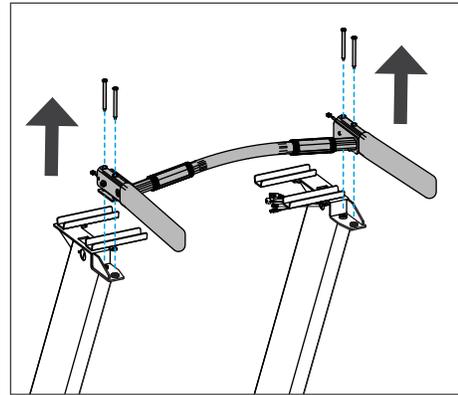
d. Carefully disconnect the following cables:

- left and right heart rate
- power
- coaxial
- network
- I/O data

e. Carefully remove and set aside the upper assembly and console.



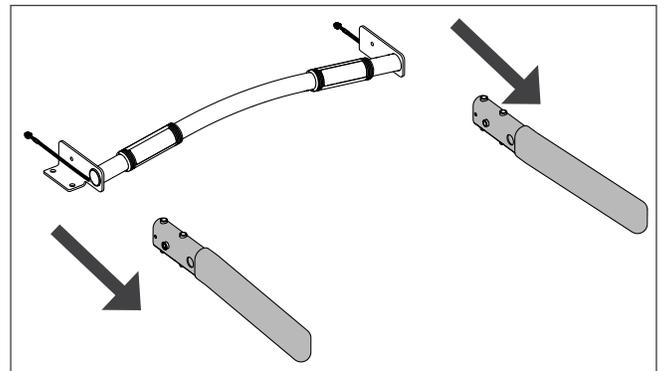
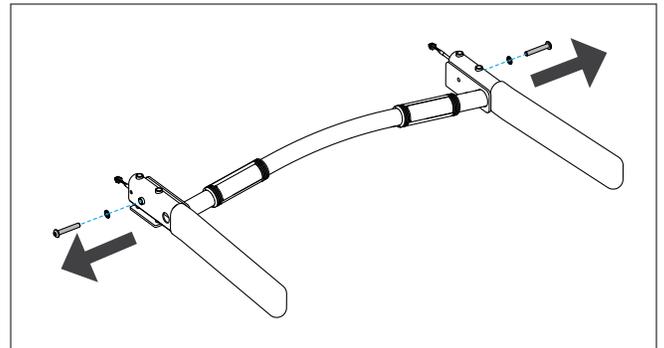
f. Using a 5mm allen wrench, remove and set aside the four hex screws securing the handrail assembly to the pedestal assemblies.



2. Using a 6mm allen wrench, remove the two hex screws and washers securing the left and right handrails to the contact heart rate bar.

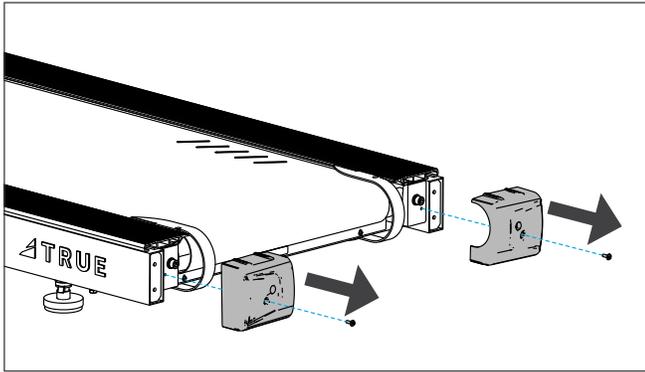
Using wire cutters, cut the wire ties securing the heart rate cables to the left and right handrails.

Remove the left and right handrails.

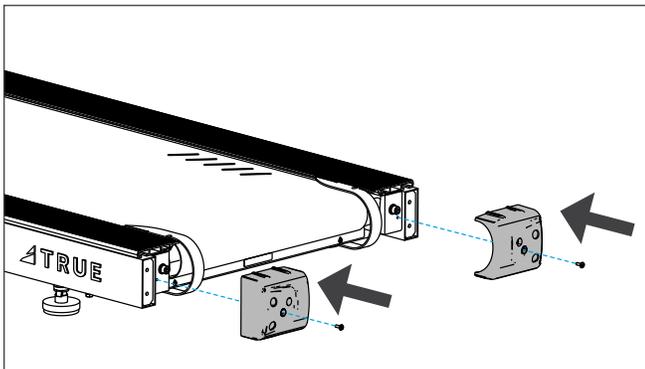


STEPS CONTINUED

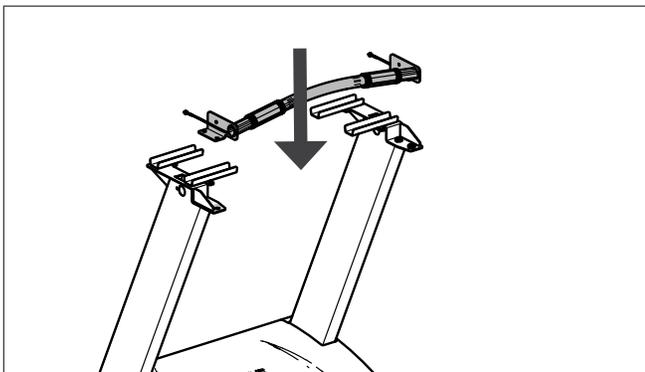
3. Using a #2 Phillips screwdriver, remove and set aside the two screws securing the left and right rear roller covers to the frame. Remove the left and right rear roller covers.



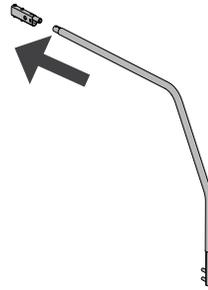
4. Using a #2 Phillips screwdriver and the two previously set aside screws, secure the extended handrail left and right rear roller covers to the frame.



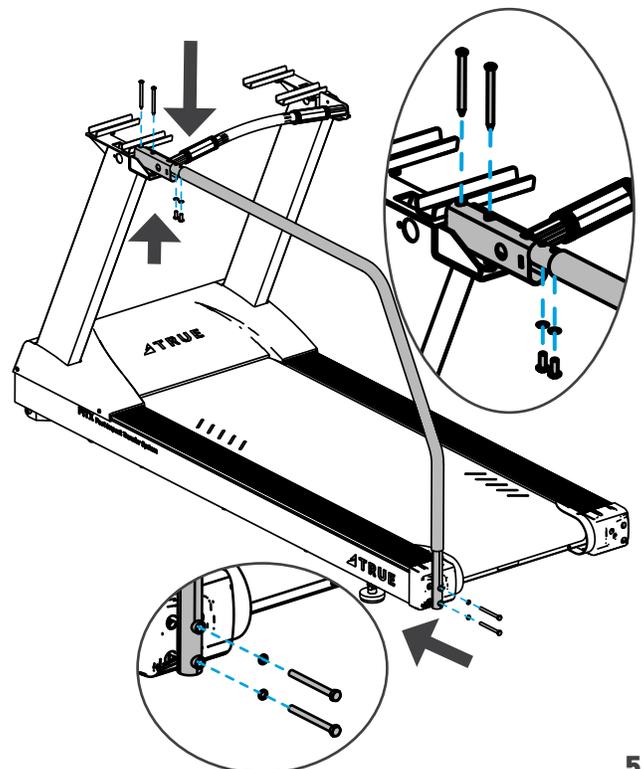
5. Place the contact heart rate bar onto the pedestal assemblies.



6. Doing one side at a time (left side shown):
 - a. Slide a long handgrip assembly onto a handrail base.



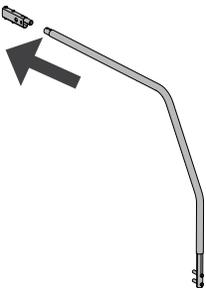
- b. Line up the top of the handrail/long handgrip assembly with the heart rate bar/pedestal.
- c. Carefully route the heart rate cable from the contact heart rate bar alongside the handrail. DO NOT pinch the cable.
- d. Finger tight the previously removed hex screws, to attach the handrail base to the contact heart rate bar and pedestal assembly.
- e. Finger tight the allen bolts/star washers to attach the long handgrip assembly to the handrail base.
- f. Line up the bottom of the long handgrip assembly with the openings of the end cap and finger tight the hex bolts/spring washers.
- g. Once all the hardware is finger tight, use a 13mm wrench and 5mm allen wrench to fully tighten all hardware.



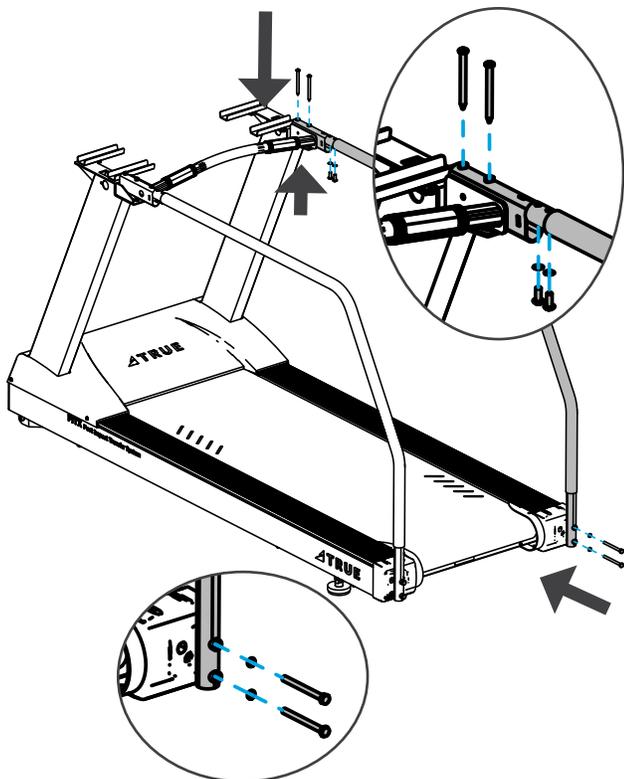
STEPS CONTINUED

6. Doing one side at a time (right side shown):

- a. Slide a long handgrip assembly onto a handrail base.



- b. Line up the top of the handrail/long handgrip assembly with the heart rate bar/pedestal.
- c. Carefully route the heart rate cable from the contact heart rate bar alongside the handrail. DO NOT pinch the cable.
- d. Finger tight the previously removed hex screws, to attach the handrail base to the contact heart rate bar and pedestal assembly.
- e. Finger tight the allen bolts/star washers to attach the long handgrip assembly to the handrail base.
- f. Line up the bottom of the long handgrip assembly with the openings of the end cap and finger tight the hex bolts/spring washers.
- g. Once all the hardware is finger tight, use a 13mm wrench and 5mm allen wrench to fully tighten all hardware.

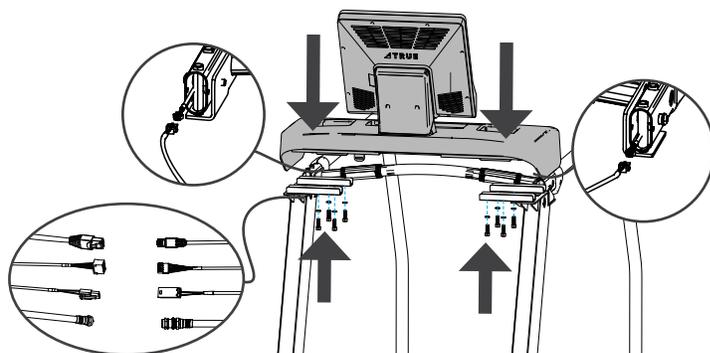


7. If this kit is part of a new installation, refer back to the assembly instructions that came with the base to assemble the console and upper assembly. If this kit is on a preassembled treadmill continue on with this step:

- a. Carefully set the upper assembly onto the left and right pedestals.

IMPORTANT! DO NOT pinch the cables.

- b. Connect the left and right heart rate cables between the upper assembly and handrail assembly.
- c. Connect the power, coaxial, network, and I/O data cables between the right pedestal and upper assembly.
- d. Verify all cables have been securely connected and then carefully tuck excess cable length out of the way to avoid pinching.
- e. Finger tighten or use a 6mm allen wrench to loosely attach the upper assembly to the pedestal assemblies.
- f. Using a 6mm allen wrench, evenly tighten all eight hex screws and washers securing the upper assembly to the pedestal assemblies.

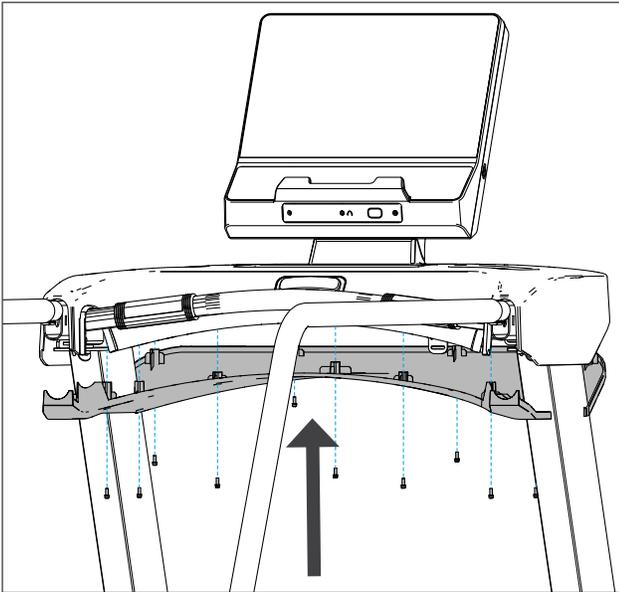


STEPS CONTINUED

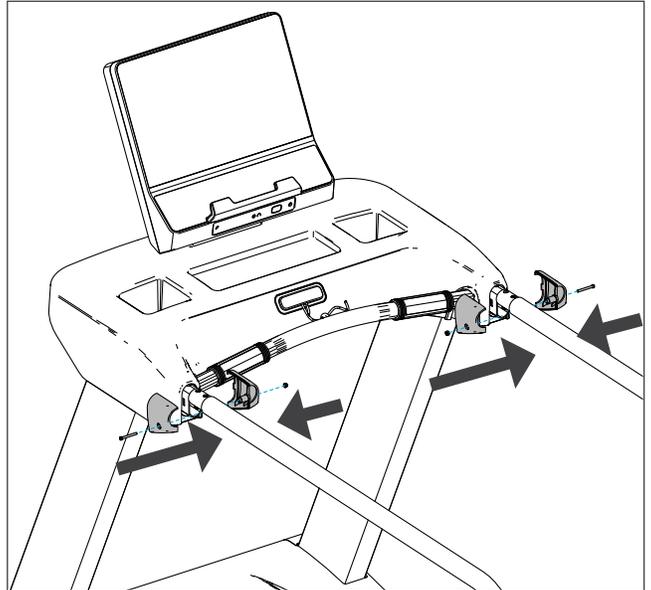
8. Press the lower cover up against the bottom of the upper assembly.

IMPORTANT! DO NOT pinch the cables.

Using a #2 Phillips screwdriver and 11 screws, secure the lower cover in place.



9. Using a #2 Phillips screwdriver, attach the left and right extended handrail covers.





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MAN-TC39300 ASSEMBLY INSTRUCTIONS REV01

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